

May News

VALLEY COMFORT CARE HOME



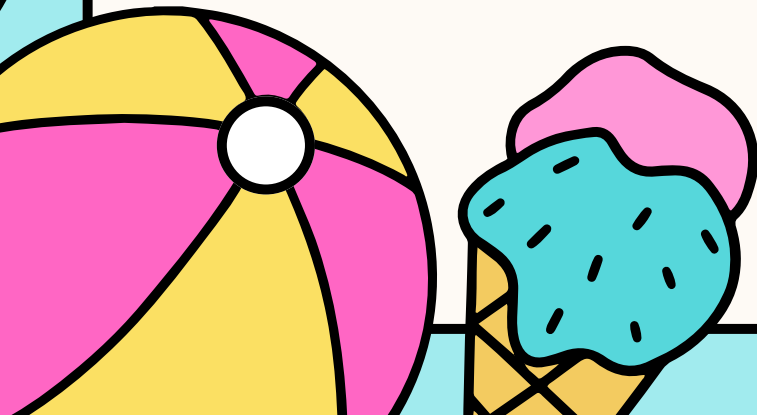
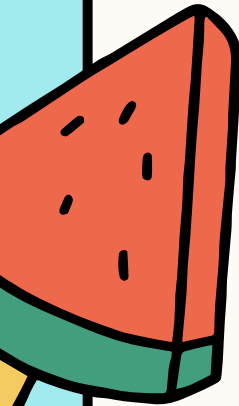
HERE COMES SUMMER!

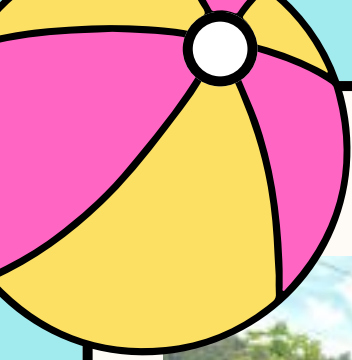
As we welcome the summer season, we look forward to creating more opportunities for our residents to enjoy the warm sun, fresh air, and the beautiful sights of Kalihi Valley. The relaxing weather encourages gentle physical activity which boosts mood and promotes overall well-being.

SUMMER SAFETY

During the warmer months, we take extra precautions by encouraging regular hydration, planning outdoor activities during the cooler parts of the day, and providing shaded areas whenever possible.

By staying mindful of the summer heat we can ensure that everyone enjoys a fun, safe, and comfortable season together.





This summer, our residents have been enjoying time in the garden, where they can stay active, enjoy the fresh air, and connect with nature. Gardening encourages gentle movement and provides a sense of purpose as plants grow and flourish, and creates a peaceful space for residents to relax, socialize, and share meaningful memories. We are grateful to provide activities like gardening that support our residents' physical, emotional, and overall well-being while bringing joy to their days.



Mr. James and Mr. Masa took a trip to the Royal Hawaiian Hotel. They played tourist for the day taking in the sights of this historic hotel.



The residents took part in flower painting this month! Art helps our residents by supporting hand coordination and fine motor skills.



At our care home, the residents love the home decor pieces that bring the place to life. Here we have Ms. Irene making a nice flower arrangement.